

GROCERY LIST

Turkey Snack Bites

- 1 onion
- 1 green pepper
- 1 bunch Italian parsley
- garlic
- 16oz. pack of lean ground turkey breast
- 1-2 eggs
- can of crushed tomatoes
- can of diced tomatoes
- garlic powder
- breadcrumbs
- olive oil

Chicken Salad Snack Box

- 2 chicken breasts
- 1 celery stalk
- 1 box your choice of crackers
- 1 tub of Greek yogurt
- four eggs
- mayonnaise
- Dijon mustard
- raisins
- 1 box your choice of crackers

Mango Frozen Yogurt

- 1 tub of Greek yogurt
 - 1 bag of frozen mango chunks
 - 1 lime
 - honey
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